

# Physical Education

Year group: Reception

Term: Autumn 2

## Prior knowledge

The above is dependent on children's prior experiences at a nursery or home setting. Staff to complete observations on child's arrival into the Reception setting. Some children may attend dance classes outside of school.

## EYFS Framework:

### Physical Development ELG: Gross Motor Skills -

Children at the expected level of development will:

- Negotiate space and obstacles safely, with consideration for themselves and others
- Demonstrate strength, balance and coordination when playing
- Move energetically, such as running, jumping, dancing, hopping, skipping and climbing.



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## Topic overview



## Dance - Ourselves

The unit of work will enable pupils to explore creating simple movement sequences. Pupils will respond to words and music using their bodies and props. Pupils will explore movements such as creeping, tiptoeing and hiding as they try becoming different characters.

## By the end of this unit, I will be able to:

**Doing** - Pupils will move their bodies with big actions linked to the idea of 'ourselves'.

**Thinking** - Pupils will develop their curiosity and imagination as they experiment moving in different ways.

**Team work** - Pupils will demonstrate life skills such as empathy as they listen to ideas and watch others as they perform.

**Trying** - Pupils will develop their self-belief as they move and travel with confidence.

## Key vocabulary

- Creeping
- Tiptoeing
- Hiding
- Bodies
- Control